

Interview Prep Inventory

1. List all of the reasons you want to be a doctor/dentist/physical therapist/etc.
2. List all of the characteristics or traits you possess that will make you a good doctor/dentist/physical therapist/etc. (e.g. good work ethic, compassion, etc.)
3. List all work experience
 - a. Broaden the list to include your role in each position
 - b. Include volunteer work, past and present, as well as community service projects in which you have participate.
4. List all unique experiences and lessons you have learned during your time working that demonstrate the important characteristics or traits you listed in number 2.
5. List any research you have done, even if you were just part of an on-going project or you work has never been published.
6. Make a list of all your travels, especially if they have been international.
7. Think of any fun or unique experiences during your travels that taught you something and/or substantiate the items listed in Numbers 1 and 2.
8. List any committees of which you have been or currently are a part.
9. List all awards you have received.
10. List challenging times in your life.
 - a. List all of the things you learned from those events.
11. List your strengths and weaknesses (get feedback from friends and family as well).
12. Write the top three problems in healthcare today, according to you.
 - a. First, prioritize your own list.
 - b. Second, ask several healthcare providers to identify the top three problems they feel currently affect healthcare.
13. Note where you'll be and what you will be doing in 5 years, 10 years, and 20 years.
14. List your goals for the future.
15. Write down your "free time" activities, team participation and talents.
 - a. List any sports you play or teams of which you have been a member
 - b. List your hobbies.
 - c. What are your unique talents?
 - d. List any instruments you play
 - e. List any languages you speak and your level of proficiency: fluent, conversational, basic, beginning.

*Adapted from "The Medical School Interview: Secrets and a System for Success" by Jeremiah Fleenor, MD, MBA